



Do your ideal priorities align with the way you live now?

Personal Life

Satisfaction Level (0-10):

What is going well:

What I'd like to see improve:

What gets in the way:

Self Care

Satisfaction Level (0-10):

What is going well:

What I'd like to see improve:

What gets in the way:

Work

Satisfaction Level (0-10):

What is going well:

What I'd like to see improve:

What gets in the way:

Career

Satisfaction Level (0-10):

What is going well:

What I'd like to see improve:

What gets in the way:

Describe yourself! Currently, I am...

Thriving! Surviving Needing help Drifting Other

Congratulations on doing the quiz! Let your results guide you to more balance, joy and connection.
We are all a work in progress.

B E W E L L D O B E T T E R L I V E M O R E